



### Health Sciences Major/Nutrition & Health

#### **4-Year Suggested Academic Plan for the Health Sciences major with a Concentration in Nutrition and Health.**

For students placed into WRT 1050 & MTH 0662

For students placed into WRT 1050 & MTH 0662	FALL	WINTER	SUMMER
<b>FRESHMAN YEAR I</b> Meet with First Year Advising Center  <i>Get Involved!</i> Join the Nutrition Society	WRT 1050: Composition I (4) HS 2000: Health in Pers. & Occ. (4) Art Gen Ed (4) MTH 0662: Intermediate Algebra (4) HS 1000: Careers in Health (1) <b>TOTAL CREDITS 17</b>	BIO 1200: Biology I (4) WRT 1060: Composition II (4) HS 3000: Community & Public Hth (4) MTH 1441: Precalculus (4)  <b>TOTAL CREDITS 16</b>	
<b>SOPHOMORE YEAR II</b> One-on-one Degree Planning meeting with SHS Academic Adviser.	BIO 2600: Human Physiology (4) PSY 1000: Intro Psychology (4) HS 2500: Nutrition & Health (4) STA 2220: Statistics (4)  <b>TOTAL CREDITS (16)</b>	BIO 2100: Human Anatomy (4) BIO 2101: Anatomy Lab (1) PSY 2500: Research Design (4) Global Persp. Gen Ed (MGT 1100 suggested) (4) HS 3120: Community Nutrition (4) <b>TOTAL CREDITS (17)</b>	
<b>JUNIOR YEAR III</b> Recommended Graduation Audit 2 semesters prior to graduation.	CHM 1440+1470: General Chem I & Lab (5) HS 3110: Cont. Topics in Nutrition (2) HS 3130: Nutrition & Culture (4) Literature General Ed (4) Approved Elective (2) <b>TOTAL CREDITS (17)</b>	CHM 1450+1480: General Chem II & Lab (5) HS 4100: Nutrition & Lifecycles (4) Western Civilization Gen Ed (4) Approved Elective (4)  <b>TOTAL CREDIT (17)</b>	
<b>SENIOR YEAR IV</b> Attend Career Fair and schedule mock interview with Career Services.  Apply online to graduate by deadline.	PHY 1010+1100: General Physics I & Lab (5) HS 4500: Law, Values, Health Care (4) Foreign Language Gen Ed (4) Approved Elective (4) <b>TOTAL CREDITS (17)</b>	PHY 1020+1110: General Physics II & Lab (5) HS 4150: Nutrient Metabolism (4) Approved Electives (6)  <b>TOTAL CREDITS (15)</b>	
		<b>TOTAL CREDITS FOR DEGREE 124</b>	

**APPROVED ELECTIVES:** Minimum of 17 credits, of which at least 8 credits at 3000-4000 level and at least 4 credits must be chosen from: HS 3200, 3210, 3220, 3230, 3240, 3245, or 3260.

(HS 1000 counts as 1 credit of approved electives, listed above in Year I)

**PLEASE NOTE:**

-May vary by catalog year.

- Students must complete a Writing Intensive in General Education course, can double count with Global Perspective gen. ed. if students take MGT 1100.